

# *Guest Experiences*

*Coastal  
Life*



# Coastal Life Guest Services

We at Coastal Life would like to welcome you to North Devon and wish you a wonderful stay in the local area.

This brochure has been designed to make it as easy as possible for you to find things to do while on holiday and to save you the time of having to take a day off to organise the rest of your stay.

All Activities can be arranged for you simply by phoning or e-mailing the bookings team on:

Tel: 01271 343 394

E-mail: [bookings@coastalife.co.uk](mailto:bookings@coastalife.co.uk)

Group discounts may be available so please ask.



For all booking enquiries  
E-mail [bookings@coastalife.co.uk](mailto:bookings@coastalife.co.uk)  
or call 01271 343394

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# *Chef in your Home*

*by Helena Stern*

Why not make the most of your holiday home without the hassle of having to cook or find a nice restaurant for that special occasion.

We provide gold, silver & bronze menu schemes for a variety of occasions whether it's for a special birthday party, an anniversary or even a catered BBQ option for the whole household .



We can even cover complete weeks if you want a full pampering experience!

**Special offer for Coastal Life guests  
from £25.00 per person**

**Call for full menu options**



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# Falconry Day

*with Jonathan Marshall of Experience Falconry*



Experience the joys of flying birds of prey including being able to handle and fly a Harris Hawk in the woods where we fly the birds until lunch time. This part of the experience gives guests the chance to see the hawks working as a hunting team.

After lunch we head out to nearby stunning cliffs to fly the Peregrines.

Each guest will be shown the correct way to swing the lure and have the opportunity to fly the world's fastest creature. This part of the day is truly breath taking and is something that you will never forget.

**Offer for Coastal Life guests**  
**Complete package**                      **only £175.00**

All birds, equipment, lunch and free photographs are included.



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# Fly with Eagles

*with Jonathan Marshall of Experience Falconry*



This is the ultimate experience and is not available anywhere else in the world. You will fly Golden Eagles and Peregrine Falcons from some of North Devon's highest and most dramatic cliffs. Guests will experience the thrill of having the world's fastest creature reaching speeds of well over 100 mph within

inches of them and the world's most powerful Eagle soaring above and then swooping down to their glove.

In the afternoon guests are taken up in a micro light aircraft for a 30 minute flight along side a Golden Eagle. To share the sky with such a magnificent creature is truly incredible and something that will be remembered for the rest of your life.

**Offer for Coastal Life guests**  
**Complete package**

**only £375.00**

**Coastal  
Life**

All birds, equipment, lunch and free photographs are included.

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# Organic Devon Food

*by Marshford Organic Foods*

When holidaying in the area why not try some local, organic produce and get a real taste of North Devon.

Marshford Organic Foods is a family run business now celebrating 25 years of providing North Devon with the tastiest, freshest organic food. Vegetables, salads and herbs grown on their own nursery are the specialities.

Whether it is a vegetable box while you are here, a real Devon Cream tea pack or a box to take home with you at the end of a special holiday just call to order.



## Offers for Coastal Life

**Medium Veg Box**

**£11.50**

**Large Veg Box**

**£14.50**

**Special Mixed Fruit & Veg Box**

**£20.75**



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# Outside Photography

by Nina Therese Wickmann



Our outside photography offers photo shoots at the beach, in the countryside or in your holiday home, in order to get varied and relaxed photographs.

***Childrens portraits, Family portraits, Animal portraits***

Capture the beauty of your children surrounded by the lovely view of the South West countryside. Outdoor portrait photography poses are fun to do and allows for stunning backgrounds in a perfect portrait combination.

**Special offer for Coastal Life  
Photography session  
includes two 10x8 inches prints for free!**

**£140**

(extra £50 for shoots on the weekends)

The photos will be presented on a CD in low resolution with a ninaportrait logo ready for you to pick which you would like.



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# Pamper Day

at Highbullen Hotel



At Highbullen Complementary Health and Beauty you can enjoy a wide range of specialist face and body treatments plus various day break packages to ensure your total relaxation.

Rest your mind and body and let us help restore your well-being.

All our one day breaks inc:

Morning coffee, Use of the gymnasium, Use of the sauna & swimming pool , A Light lunch and an afternoon tea.

## Offers for Coastal Life guests

**Relaxation Day** £115.00

Indian Head Massage , Reflexology and Bespoke facial

**Top 2 Toe Day** £115.00

30 mins massage , Mini Facial, Bespoke Facial and manicure

**Detox & Rejuvenation Day** £140.00

Repechage Seaweed Body Wrap, Mini Facial, Bespoke facial and Repechage Sea Spa Pedicure



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# Learn to Surf

with Walking on Waves

When in North Devon why not make  
The most of the beaches and learn to surf  
on one of the best beaches in the area.  
Family friendly teaching at a local and safe  
beach with Walking on Waves Surf School  
at Saunton Sands gives you the opportunity  
to be coached by one of Britain's top  
surfers –Sarah Whiteley.

*"I like to add a personal touch to my  
coaching, more women than ever are  
learning to surf these days as well as  
men and kids as young as 5 are picking  
up a surfboard and going for it  
too. Young or old - it really doesn't  
matter. We can teach anyone to surf"*



## Offers for Coastal Life guests



Group Lessons	Half Day £35pp	Full Day £70pp
One to One	Half Day £125pp	Full Day £225pp
Family Offers	Half Day £200	Full Day £375

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# Outdoor Adventures

*with Keypitts Outdoor Centre*



Sometimes a holiday needs a bit of adventure so whether its blasting across the fields on a quad bike, a heart stopping 4x4 off-road experience, shooting your best mate with a paintball or a leisurely horse ride through our stunning farmland. We have something here for you!

## What sort of fun are you looking for?

Quad Biking– A blast across our fields on a quad bike?

Off Road Driving– A white knuckle 4x4 experience?

Horse trekking– A horse trek through our beautiful countryside?

Paintball- A hide and seek, adrenaline fuelled paintball game?

## Offers for Coastal Life guests

Prices from:

**Quad Biking**

Children: £10.00 Adults: £25:00

**Off Road Driving**

17+/Adults: £35:00

**Horse Trekking**

Hack: £15.00 Lesson: £18:00

**Paintball**

13+/Adults: £15:00



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# Best Beaches tour

by



What holiday in North Devon is complete without seeing the wonderful beaches that the area has to offer. With seemingly endless stretches of sandy beach, with extraordinary dune systems, rugged shores, unusual harbours and coves make this one of the finest coastlines in the world.

With a variety of travel options you can see the beaches and small groups or large ones with the options including a convertible car with the roof down in the sunshine or a 4x4 available for the harder to get to spots or for big parties why not consider a minibus or even a stretch limousine for added luxury.

## Offers for Coastal Life guests

Prices from:

**Convertible car**

From £80.00

**4x4 Vehicle**

From £80.00

**Minibus**

From £125.00

**Limousine**

From £150.00



# Coastal Life Guest Services

We at Coastal Life hope that you enjoy your holiday and make the most of the wonderful North Devon scenery and the opportunities it offers to you.

Remember all activities can be arranged for you simply by phoning or e-mailing the bookings team on:

Tel: 01271 343 394

E-mail: [bookings@coastalife.co.uk](mailto:bookings@coastalife.co.uk)

Group discounts may be available so please ask.  
All activities are subject to change and were correct at the time of printing.

If you have any other suggestions for activities that we could include please let us know by e-mail to [info@coastalife.co.uk](mailto:info@coastalife.co.uk)



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or call 01271 343394